FACTORS ASSOCIATED WITH LIFE SATISFACTION OF PERSONAL CARE WORKERS DELIVERING DEMENTIA CARE IN DAY CARE CENTERS

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ABSTRACT

This study examined the overall life satisfaction of personal care workers (PCWs) delivering dementia care in elderly day care centers in Hong Kong. A total 142 PCWs participated in the present study. Regression analysis results showed that self efficacy in dementia care was a robust predictor for PCWs’ life satisfaction. Female gender, perceived adequacy of training, low staff to client ratio, and high emotional support from colleagues predicted a high level of self efficacy. To promote a higher level of life satisfaction among PCWs, it is essential for organizations to enhance their sense of self efficacy. Providing PCWs with adequate training that address areas specific to their perceived needs is of utmost importance in achieving this goal.

KEYWORDS: Personal care worker, day care, dementia care, life satisfaction